



CALL FOR STORIES!

- Have you had a bad experience with inpatient psychiatric hospitalization?
- Have you avoided services out of fear that talking about suicide would result in the use of force?
- Have you benefitted from participating in any non-clinical peer support groups or working with a peer support specialist?
- Have you experienced racism, transphobia, or discrimination as a Spanish speaker in the mental health system?

If you answered yes to any of these questions, please contact Quinn Jannetty to share your story:

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[\(475\)999-2605](tel:(475)999-2605)



KEEP THE PROMISE COALITION IS LOOKING FOR PEOPLE TO SHARE THEIR STORIES TO SUPPORT BRINGING PEER RESPITE PROGRAMS TO CONNECTICUT.

A peer respite is a voluntary, short-term program that provides 24/7 community-based, non-clinical (non-medical) mental health crisis support as an alternative to inpatient hospitalization.

FOR MORE INFORMATION AND OUR FACT SHEET, [CLICK HERE.](#)

Peer respites are operated in a home-like environment by peer support specialists, who have lived experience with mental distress, crisis, and life altering challenges. Peer support specialists will not call the police or use force if you talk about suicide, self-injury, or hearing voices.

