



YOU CAN POST A SIMPLE MESSAGE; THIS IS WHAT I DID!







Sarah Edwards 12h ⋅ 🕾

I want to spread some holiday kindness and make Christmas gift boxes for children and families in Middletown. If you are a family in need, or know someone in need, please DM me! I'd love to hear your story and provide.

I'm not associated with anyone/a church/company - just an idea I had and want to try and help people! Thanks all.

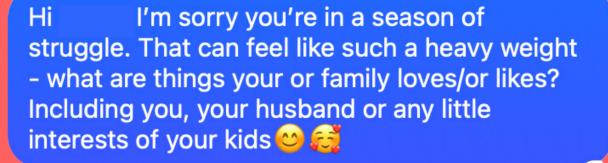






START CONNECTING IN YOUR DM'S!

I find it's most respectful to ask esssential questions only, so people can have their privacy honored. Most people who reach out to you will share their situation openly.







MAKE YOUR LIST AND CHECK IT TWICE

Start making a list for each family based on the details they shared. This gives you an idea of what is most needed or desired. It's often not just gifts but also basics (food, supplies, diapers).

Pick a date on your calender for "delivery day" and say you'll be in touch with additional details (home address or meeting location) in a few days/weeks.















BUDGET & FAMILY CHATS!

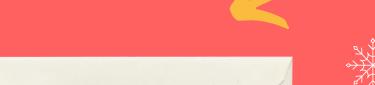
It's super important to use the lists to set a budget per/family or for this project so that you can do this with peace of mind and ease. I find it's easiest to do this after creating a list and getting an idea of the need. Then, you should talk to members of your family (spouses/partners), if you haven't already, to ensure they are comfortable.





If you want extra support for basic supplies or groceries, you can connect with local businesses or national chains requesting support. You can click on the letter below and get a copy of the template I made! Check it out if you've never done this before.







CLICK FOR THE LETTER TEMPLATE!

OR COPY THIS LINK:

HTTPS://DOCS.GOOGLE.COM/DOCUMENT/D/1X0A2FN
UAW2K0TS3_CZ7BJXPRSEVXUV7U7I547Q57EAI/COPY













FOR DELIVERY DAY

Label all your boxes/gifts in advance, with names of family members/addresses, and plan your best route based on the provided locations (homes or meeting points). Especially if you are a female, please ensure you have someone with you (spouse, friend, family member) to help you and for your safety. I would block the entire day out and have a wide range between meetings.

WHAT MAKES THIS IDEA DIFFERENT?

This involves getting to know the families and hearing their stories—no middleman/red tape. While mass donating is excellent, you can use your creativity to assemble supplies and your personal touch, including delivering them yourself. It increases your self-awareness of your immediate surroundings and what you already have in your life.

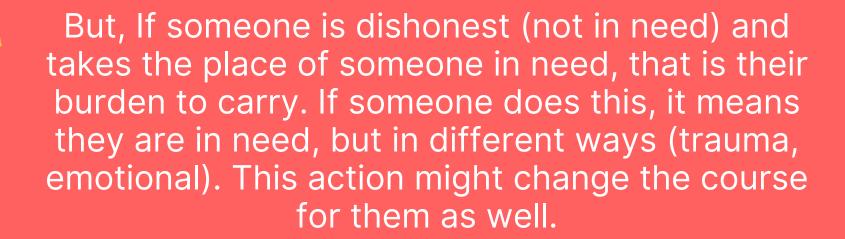
You may also connect with a new friend or someone who wants to learn your skillset. This is a great way to build longer relationships and offer more help!





FAQ: WHAT IF PEOPLE ARE TAKING ADVANTAGE/NOT TRUTHFUL?

My Response (Always): Most people are honest, kind, and transparent.



To help those out of your comfort zone, you must step out of your usual surroundings, which comes with risks. But that is much more important than not doing it all.







