# Teens & Young Adults: Share your voice!

TurningPointCT is looking for contributors to share their experiences & opinions on our September 2023 topics!

<u>TurningPointCT.org</u> is CT's online community by & for young people who get what it's like to struggle. Our website acts like a social platform! You can always submit your content directly at <u>TurningPointCT.org</u> on the <u>Our Stories</u>, <u>Creative Expressions</u>, <u>Videos</u>, & <u>Map</u> pages!



## September Themes!

- National Suicide Prevention Awareness Month
- National Alcohol & Drug Addiction Recovery Month
- National Childhood Obesity Awareness Month
- · Pain & National Self-Care Awareness Month
- · Hispanic Heritage Month
- · Bisexual Awareness Week
- Autumn Equinox/Transitioning to Autumn



#### Podcast Episodes



- Labor Day
- · Living w/ Chronic Pain
- · Mystery Episode

Visit our website & follow us on social!









# Want to Upload Your Content?

Our website acts like a social platform! See how you can directly share content of your choice on <u>TurningPointCT.org!</u>

If you're viewing this as a **PDF**, the **underlined words open** to the exact **webpage** you're looking for!

### Blogs/Art/Poetry

Visit the <u>Media Room</u>, go to <u>Creative Expressions</u> and tap "Express Yourself"!

### Share Your Story

Visit Our Stories page and tap "Share Your Story"!

#### Videos

Visit the Media Room, go to Videos and tap "Share Your Video"!

#### Add to Resource Map

Add your favorite places to the Map!



You can email <u>TurningPointCT@positivedirections.org</u> MP3 recordings of your topic OR for more information to join an episode!

